HYGIENE

In line with best practice, schools must emphasize and ensure that the following hygiene practices should be observed:

* Wash hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available;
* Be vigilant and look out for symptoms of fever (more than 38 degrees Celsius), coughing and shortness of breath;
* Practice safe cough etiquette. Cough or sneeze into your flexed elbow or into a tissue and immediately dispose of the tissue in a safe place e.g. bin;
* Avoid touching your eyes, nose and mouth as well as handshakes;
* Identify, isolate and report learners, teachers or support staff showing symptoms especially if they have contact with, or have travelled to highly affected countries as reported by WHO;
* Cleaning should be done regularly on frequently touched surfaces, spaces and areas using relevant detergents to curb the spread of the virus;
* Observe social distancing as far as practically possible, by (two) 2 meters by maintain from each other.